

Discover a perfect balance of ecology, adventure and cultural immersion. Treat your senses to rich aromas at a coffee roastery in San José and sweet delights at a banana plantation in Guacimo. In Monteverde, feel the thrill of a canopy adventure before visiting a local school. At Braulio Carillo National Park, behold breathtaking biodiversity and geological wonders.

#### **EVERYTHING YOU GET:**



Full-time Tour Director



Sightseeing: Comprehensive sightseeing of natural attractions



**Entrances:** Café Britt Coffee tour; Canopy tour; Santa Elena Cloud Forest; Arenal Volcano National Park; Braulio Carillo National Park



**Experiential learning:** Tree planting; School visit; EARTH University



weShare, our project-based learning program that combines an online platform with global experiences







All of the details are covered: Round-trip flights on major carriers; Comfortable motorcoach; 7 overnight stays in hotels with private bathrooms; Breakfast and dinner daily; 3 meals daily (Days 2-7); Dinner on arrival day; Breakfast on departure day





Anyone can see the world.

# YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your *Tour Director* in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter or Instagram, or delving deeper into your destinations with our online learning platform, *weShare*, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels and meals while also providing their own insight into the local history and culture. *Expert local guides* will lead your group on sightseeing tours, providing detailed views of history, art, architecture or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

**@EFtours** I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school **#traveltuesday** 

- MELISSA, TRAVELER





## CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at **eftours.com/** 

Your teacher's Tour Website









## What you'll experience on your tour

#### Day 1: Fly to Costa Rica

Meet your Tour Director at the airport in San José.

#### Day 2: San José | Monteverde

- Take a tour of Café Britt Coffee plantation and roastery
- Travel via Sarchi to Monteverde. Situated near the Continental Divide, the Monteverde (Green Mountain) region contains a spectacular range of flora and fauna in six distinct ecological zones. During your visit you'll tour the greenery of the Santa Elena Cloud Forest, where you can look for the rare orchids and elusive quetzal birds that thrive in the perpetual soft mist. At this altitude, you'll literally walk through clouds! Leave a positive mark on the earth when your group plants a tree together. You'll also visit a local school, where students will welcome your group with traditional dances.

#### Day 3: Monteverde

- Experience a canopy tour
- Visit the Santa Elena Cloud Forest
- Plant a tree in the EF reserve in Monteverde with your group
- Time to see more of Monteverde orEnjoy horseback riding

### Day 4: Monteverde | Arenal region

- Visit a local school
- Travel to the Arenal region, where you can behold the perfect conical shape that emerges from the green hills of Alajuela: this is the fascinating Arenal Volcano. Overlooking the San Carlos plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years.

### Day 5: Arenal region | Sarapiquí

- Visit Arenal Volcano National Park
- Travel to Sarapiquí

#### Day 6: Guacimo | Sarapiquí

Participate in two educational programs at EARTH University. A school truly unlike any other, EARTH University is a tropical campus with a strong focus on continuing education, waste management and community outreach. Established by Costa Rican law in 1986 as a private, non-profit international university, EARTH's 8,342-acre campus includes laboratories and academic farms. Ever wondered how that bunch of bananas got to your local fruit stand or grocery store? Meet the people who plant, harvest and export those Fair Trade bananas and learn more about how important peri-urban gardens are in building communities and economies.

#### Day 7: Sarapiquí | San José

- Visit Braulio Carillo National Park
- Travel to San José
- Enjoy a free evening or
- Experience a Folklore Evening

Day 8: Depart for home



I gotta say, this is my #favorite view from Costa Rica. #costarica #vacation #eftours #volcano #summer2013 #summer #hotel #tacotal #volcan

- DANIELA, TRAVELER



I recently returned from Costa Rica and it was awesome! EF is a great support for teachers who want to take students abroad. The Costa Rica tour included an excellent mix of excursions that were adventurous, fun, and educational! A great trip!

- JENNA, GROUP LEADER



# TOP THREE THINGS I WILL SEE, DO, TRY OR EXPLORE

1.				
2.				
3.				

# — The easiest ways to — ENROLL TODAY



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**Enroll by phone** 800-665-5364



Mail your Enrollment Form to:
EF Educational Tours
One Education Street
Cambridge, MA 02141

As a parent I am very grateful that I was able to give this opportunity to my child. It was worth every penny to see her smiling face in the pictures on the trip. Encourage your child to embrace the moment; be open to new cultures, foods, and just a new way of life and looking at things.

-KATHLEEN. DAUGHTER TRAVELED APRIL 2013



## THE WORLD LEADER IN INTERNATIONAL EDUCATION

Your teacher has partnered with EF because of our unmatched experience and worldwide presence, as well as our commitment to providing students with life-changing travel opportunities that are immersive and affordable. For nearly 50 years, we've worked with educators across the globe to help millions of people become citizens of the world by breaking down barriers of language, culture and geography.

- We always offer the lowest prices guaranteed so more students can travel.
- We're fully accredited, just like your school, so you can earn credit while on tour.
- All of our educational itineraries feature experiential learning activities and visits to the best sites.
- We're completely committed to your safety.
   We have 450 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- Your full-time Tour Director is with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

