



Educational Tours

Watch videos, read reviews and enroll on your teacher's Tour Website

eftours.com/









This is also your tour number

EXPERIENCE CUBA: CULTURE AND COMMUNITY

9 days | Havana, Cienfuegos, Trinidad, Santa Clara

Immerse yourself in Cuban culture through a truly educational experience. In Havana, Cuba's capital city, discuss the region's conservation efforts, educational resources and national identity with locals. Journey east to Cienfuegos and discover Cuba's culture firsthand with a trip to an art studio as well as music and dance performances.

EVERYTHING YOU GET:

-  **Full-time Tour Director in Cuba**
-  **Sightseeing:** Comprehensive sightseeing of natural attractions
-  **Entrances:** Meaningful interactions through People-to-People activities
-  **weShare,** our online platform that taps into each student's interests for a more engaging learning experience
-   **All of the details are covered:** Round-trip airfare to Miami on major carriers; Licensed charter flights between Miami and select Cuban gateways; Comfortable motorcoach; 8 overnight stays in hotels with private bathrooms; 3 meals daily; Dinner on arrival day; Breakfast on departure day; Cuba visa fee; ASISTUR Cuba medical insurance
-  



Cienfuegos



Trinidad

Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you step off the plane and meet your **Tour Director** in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter or Instagram, or delving deeper into your destinations with our online learning platform, **weShare**, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels and meals while also providing their own insight into the local history and culture. A full-time schedule of educational exchange activities—from observing artists in their workshops to discussing marine conservation with local preservationists—will give you a unique perspective on life in Cuba today. When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

— MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website

What you'll experience on your tour

Day 1: Fly to Miami

- If time permits, take a walking tour of Little Havana and learn about Cuba's history—a cultural mixing pot built from Spanish, African, French and Asian influences

Day 2: Fly to Havana

- *Hola* and welcome to Havana, where you will meet your Cuban Tour Director at the airport
- Speak with faculty and students at the University of Havana about access to education, university resources, and preparation for post-education careers.
- Visit a Children's Community Project

Day 3: Havana

- Travel to a Community Day Care Center and discover ongoing community projects that help young Cubans overcome the lasting effects of an economic downturn and form plans for bettering society.
- Enjoy a traditional Cuban lunch at a local restaurant and participate in a discussion about private enterprise in Cuba.
- Visit the workshop of a local artist who teaches drawing to neighborhood children. Contemplate the importance of nurturing imagination and creativity within local communities.

Day 4: Havana | Mayabeque Province

- Travel to the Mayabeque Province, an area that boasts beautiful beaches and a thriving agricultural community
- Meet with members of the Las Terrazas community
- Engage in a discussion with a local naturalist and learn about the region's terrain
- Meet with a local landscape artist
- Return to Havana
- Visit the home and studio of José Fuster, a multi-talented artist who creates ceramics, paintings, drawings and more. Discuss the impact of his artwork on the community

Day 5: Havana | Cienfuegos

- In a workshop at Zapata National Park, discuss the importance of conservation in areas like the Zapata Swamp—a marshland known for hosting over 900 plant species and 1000 types of invertebrates.
- Speak with villagers of Taíno village about their efforts to share indigenous culture and traditions with younger generations.
- Journey to Cienfuegos.
- Attend a chamber performance at Cienfuegos Orchestra. Contemplate music as an international language while exploring cultural influences in classical music with the performers.

Day 6: Cienfuegos | Trinidad

- Participate in a hike and nature talk in El Cubano Park
- Travel to the village of Trinidad and interact with local artists. Meet a photographer and a local horse whisperer and learn about their trades.

Day 7: Cienfuegos | Santa Clara

- Visit an art school and discuss the role of music and dance in social expression
- Travel to Santa Clara, a city known for its vast green spaces and traditional dance venues.
- Interact with a group of residents at an Elderly Community Center

Day 8: Remedios | Santa Clara

- Travel to Remedios and meet with private owners of Bici-Taxi, a small-scale, human-powered rickshaw service popular throughout the country.
- Learn about the sugar industry at a former sugar mill
- Play a game and interact with a local sports team
- Return to Santa Clara

Day 9: Return to Miami* or depart for home

*Some groups may have an additional overnight in Miami and depart for home on Day 10

People-to-People

EF Educational Tours is pleased to offer educational and cultural exchanges to Cuba. EF qualifies for the people-to-people general license established by the Office of Foreign Assets Control of the U.S. Department of the Treasury ("OFAC"). Under this license, EF will offer educational and cultural exchanges and conversations with the people of Cuba. The itinerary is subject to change based on day of week and availability, but a complete people-to-people itinerary will always be maintained.

TOP THREE THINGS I WILL SEE, DO, TRY OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —
ENROLL TODAY



Enroll on our website
eftours.com/enroll



Enroll by phone
800-665-5364



Mail your Enrollment Form to:
EF Educational Tours
Two Education Circle
Cambridge, MA 02141

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 50 years EF has been working toward one global mission: Opening the World Through Education. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration and global competence.

- **We always offer the lowest prices guaranteed** so more students can travel.
- **We're fully accredited, just like your school,** so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have 500 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director** is with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

