

# **Educational Tours**





# MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

Dive into Central America where you'll explore the culture and land of Nicaragua. From the capital of Managua to the historic center of Granada, you'll experience the vibrant heritage as you explore local markets, coffee plantations, traditional art, and more. As you're immersed in local culture and connect with nearby communities, you'll gain insight into the challenges they face—from natural disasters to political unrest—and work together with Free The Children to build long-term solutions through a series of small service projects.



Estimated service hours

### YOUR SERVICE PROJECT THEMES

We work with the award-winning charity Free The Children to better understand the needs of each community and then focus projects on those issues. Themes include:

- Education
- Health
- Clean Water and Sanitation
- Alternative Income and Livelihood
- Agriculture and Food Security

# **CULTURE AND SERVICE IN NICARAGUA**

8 days, estimated 6 service hours

# What to expect on this Service Learning Tour

### **MEANINGFUL SERVICE**

Working side by side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

### Projects include:

- Building and restoring projects in school communities so local students have a safe place to learn
- Constructing public hand-washing stations and digging trenches to provide access to clean water
- Planting trees and community gardens

### **CULTURAL IMMERSION**

Live near the communities you serve—celebrating customs and forming lasting connections with locals.

### Activities include:

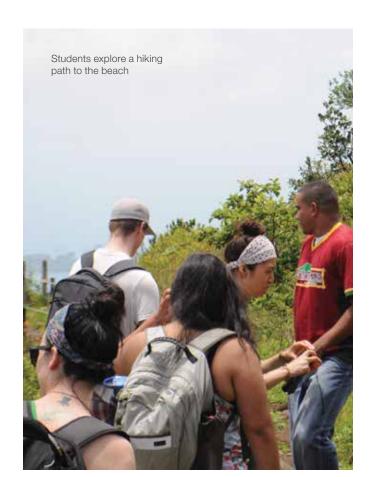
- Visiting a coffee plantation to learn how coffee is grown and what it means to have a "Rainforest Alliance Certification"
- Learning traditional pottery techniques from local artisans at a pottery workshop
- Participating in a Natural Disaster
  Leadership workshop and learning about
  the history of Nicaragua's floods and
  earthquakes

### **LEADERSHIP DEVELOPMENT**

Your Field Director takes your global service experience even further, developing and strengthening leadership skills through activities and workshops.

### Exercises include:

- Investigating global issues, exploring social issues and building leadership skills in expert-led workshops
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience











# A coffee demonstration teaches students about a major local industry

### **8-DAY ITINERARY**

### Day 1: Arrive in Managua

Meet your Field Director at the airport and travel to your accommodations.

# Days 2-4: Service Project—Free The Children Community

As communities evolve, so do their needs. That's why we work closely with Free The Children to better understand local challenges. Since projects are determined closer to your actual tour date, here's a glimpse at what a typical day might look like.

- Each morning, you'll begin your service project in a nearby village.
- Spend afternoons immersed in cultural activities.
- Evenings are a chance to reflect, discuss events as a group and draw connections between the day's work and relevant global issues.

# Day 5: Granada

Travel to Granada for a guided sightseeing tour of this 16th-century city. Local markets, Moorish and Andalusian architecture, colorful buildings and lake views abound.

 Stop for breakfast at the nonprofit Café de las Sonrisas, which is staffed by people who are hearing impaired. You'll also get to view the weaving they do.

### Day 6: Granada

 Take a guided hiking tour of Masaya Volcano and enjoy panoramic views of Lake Masaya and the surrounding landscape.

### Day 7: Granada

- Zip line through Nicaragua's lush rain forest.

Day 8: Depart for home



### **LOCAL INSIGHT AND SUPPORT**

Your bilingual Field Director deepens your connection to the land, people and culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

- Lead skill-building workshops and meaningful group reflections
- Connect you with local non-profits and nearby villages
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation

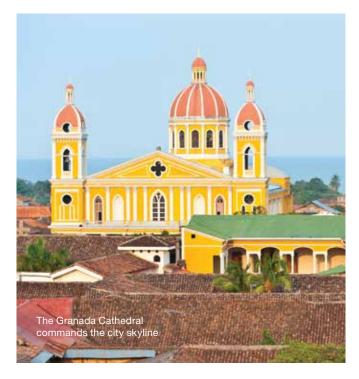
"For my daughter and her friend, this was truly an adventure of a lifetime. Their good qualities and profound values are accentuated and their goodness just radiates through. And their gratitude is boundless."

Lily L., Parent

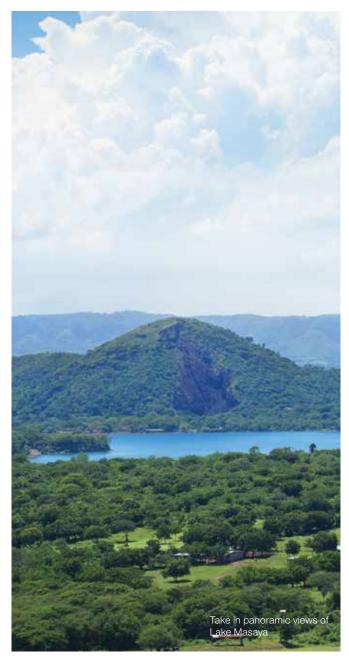




**Everything you get:** 7 overnight stays; Round-trip flights on major carriers; Daily breakfast, lunch and dinner; Local ground transportation; Full-time Field Director; Sustainable service project with Free The Children; Service hours that count towards academic credit; Sightseeing tours led by expert guides; Entrance fees







# Your partners in global education

# **EF EDUCATIONAL TOURS**

For 50 years, EF has worked with educators across the world to help millions of students become citizens of the world through one global mission: Opening the World Through Education. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day. We're also an accredited educational institution, offering students the option to earn high school and college credit.

### ME TO WE

Me to We is an innovative social enterprise that provides people with better choices for a better world. It measures the bottom line—not by dollars earned, but by the number of lives changed and the positive social and environmental impact made. Half of Me to We's net profit is donated to the Free The Children charity, and the remainder is reinvested to further the social mission of their enterprise.

### START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit eftours.com/enroll or call 800-665-5364